



Cups are Fun!

Handout A52



Other ways I can help my baby explore water:

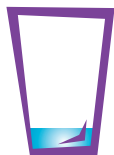
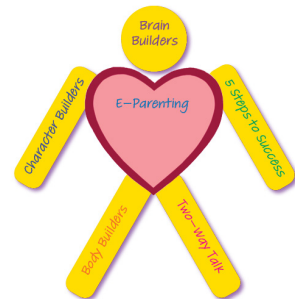
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Which Daily Do I want to focus on practicing:

- _____

When will we do this activity:

- _____
- _____



Which skills or concepts I want my infant to learn:

- _____
- _____

How to do this activity:

1. Use **Ready for Play and Learning** to see if your baby is ready to play and learn. Remember to use **5 Steps to Success** as you help your infant explore their natural curiosity during the activity.
2. Find an open cup that your baby can explore and play with. Give the cup to them **WITHOUT** any water in it and let them explore the cup. As they play with the cup, describe what they're hearing, seeing, touching, doing, and feeling.
3. Next, put a **LITTLE** drinking water in the cup and let them explore the cup with water in it. You can talk with them about concepts such as *full, empty, wet, and dry*.
4. Remember, it will take time for your baby to learn to drink from a cup.